

Student Name:

Hooke's Law : states that stretch is proportional to the applied force on a spring. The force needed to distort a spring is related to the displacement from the rest position according to:

$$\vec{F}_{spring} = -k\Delta x$$



F is a "spring force" or "restoring force" (as the spring tries to return to its original or unloaded form) (Units: N)

x is the elongation or the deformation of the spring. Basically the difference in length of the spring when stretched from its unstretched length. (Units: m)

k is the "constant of elasticity" or basically a number that describes how elastic or stretchy a material is. (units: N/m)

Slope of a restoring force versus mass give the constant of elasticity . The steeper the slope, the greater the k value and stiffer the spring.

Part A: Hooke's Law Simulation Activity

a. Open a browser and go to: https://phet.colorado.edu/sims/mass-spring-lab/mass-spring-lab_en.html

This link is also found on my website: www.mrfifieldcorner.weebly.com

- b. Click on the "play" button triangle and start the sim. Then choose "intro".
- c. Check all five boxes on the right hand side (applied force, spring force, displacement, equilibrium, values). Play around with the red slider control for the applied force.

Pre lab Questions:

1) What does a spring do when you pull on it? Be specific and use scientific terms.

2) What happens when you push a spring? How is this different than pulling it?

3) Are all springs/rubber bands the same? What makes them different?

- A. When you are ready to begin the lab, -turn the "friction" to none,
 -Put the zero mark of the ruler on the equilibrium position. This will enable you to measure the displacement of the spring
 -Make sure Earth is checked for the acceleration
- B. Use this and your weight formula to find the force pulling on the spring, and measure how many meters the spring is displaced.
- C. Click pause to right to stop oscillating. Remember, divide by 100 to convert cm to m!
- D. Add this to your data table below.
- E. Create a Force Versus Elongation using the data from your table
- F. Repeat for Spring 3 (Set Spring hardness to 7)

Spring 1:

Mass (kg)	Weight (N)	Displacement (m)
0.050		
0.100		
0.250		

Spring 3 : Set Spring to 7 for hardness

Mass (kg)	Weight (N)	Displacement (m)
0.050		
0.100		
0.250		

Force Versus Elongation

1. Calculate the slope of each line. (Ensure to include Units)

Spring 1	Spring 3

2. What does the slope of each line represent?

3. Use the simulation to calculate the unknown masses in the simulation

Mass Colour	Spring Constant (N/m)	Displacement (m)	Force (N)	Mass (kg)
Green				
Red				
Gold				

Complete the following statement:

The larger the Spring Constant, the (Stiffer/ Looser) the spring, and the (More/Less) force is required to get it to be displaced."

Part B: Hooke's Law Simulation Activity

A. Open a browser and go to: https://phet.colorado.edu/sims/html/hookes-law/latest/hookes-law en.html

This link is also found on my website: www.mrfifieldcorner.weebly.com

- B. Check all five boxes on the right hand side (applied force, spring force, displacement, equilibrium, values). Play around with the red slider control for the applied force.
- C. Set k value to 100 N/m and record data in the table.
- D. Repeat for k value of 500 N/m and 1000 N/m

Table 1: k =100 N/m

Applied Force (N)	Restoring Force (N)	Elongation (m)
-100 N		
-50 N		
0		
50 N		
100 N		

Table 2: k =500 N/m

Applied Force (N)	Restoring Force (N)	Elongation (m)
-100 N		
-50 N		
0		
50 N		
100 N		

Table 3: k =1000 N/m

Applied Force (N)	Restoring Force (N)	Elongation (m)
-100 N		
-50 N		
0		
50 N		
100 N		

- 1. What do you notice about the applied force and restoring force at a particular elongation?
- 2. What do you notice about the elongation of spring as the spring constant (k) was increased?
- 3. For a particular spring, what did you observe if it was stretch (+x) or compressed (-x) the same amount from the equilibrium position.

4. Make the following predictions:

- (A) What is the elongation of a 200 N/m spring if it experiences an applied force of 50 N? (Include sign)
- (B) What is the restoring force of the spring in Part A: (Include sign)

- (C) What is the elongation of a 200 N/m spring if it experiences an applied force of -50 N? (Include sign)
- (D) What is the restoring force of the spring in Part C: (Include sign)

Use the simulation to check your answers

Example 1:

A spring has a spring constant, k, of 5.0 N/m. What load will cause it to stretch by 15 cm?



Example 2:

A spring is 0.38m long. When it is pulled by a force of 2.0 N, it stretches to 0.42 m. What is the spring constant? Assume the spring behaves elastically.

Example 3:

A spring has a spring constant, k, of 10 N/m.What will the extension be for a load of 50 N?



Example 4:

A weight of 8.7 N is attached to a spring that has a spring constant of 190 N/m. How much will the spring stretch?



PART A: MULTIPLE CHOICE

Instructions: Shade the letter of the correct answer on the computer scorable answer sheet provided

- 1. Robert Hooke (1635-1703) made a number of discoveries including the effect of force on elastic bodies now known as Hooke's law. Which one of the following statements is known as Hooke's Law?
 - (A) Every action has an equal and opposite reaction.
 - (B) The extension of a stretched spring is proportional to the force causing it.
 - (C) Work = force x distance moved in the direction of the force.
 - (D) When a body is in equilibrium, the sum of the clockwise moments is equal to the sum of the anticlockwise moments
- 2. Which expression represents Hooke's Law?
 - (A) $F = \mu F_N$
 - (B) F = -kx
 - (C) F = ma
 - (D) F = mg

- 3. A well known law states "The extension of a spring is proportional to the force causing the extension" is known as
 - (A) Fifield's Law
 - (B) Hooke's Law
 - (C) Ohm's Law
 - (D) Newton's Law
- 4. A bungee cord has a spring constant of 112 N/m. How far will it stretch if a 50.0 kg mass is hung from it?
 - (A) 0.229 m
 - (B) 0.446 m
 - (C) 2.24 m
 - (D) 4.38 m
- 5. A 0.25g apple is gently hung from a spring that stretches 4.6 cm. What is the force constant of the spring?
 - (A) 0.054 N/m
 - (B) 6.1 N/m
 - (C) 18 N/m
 - (D) 53 N/m
- 6. What is the spring constant of a spring that compresses 0.27 m when a force of 589 N is applied to it?
 - (A) 160 N/m
 - (B) 21 N/m
 - (C) 2200 N/m
 - (D) 0.00046 N/m
- 7. According to Hooke's law for an ideal spring, doubling the stretch distance will
 - (A) Double the velocity of the mass
 - (B) Double the force that the spring exerts on the mass
 - (C) Double the period
 - (D) Quadruple the force the spring exerts on the mass
- 8. The diagram below represents a spring hanging vertically that stretches 0.075 m when a 5.0 N block is attached. The spring-block system is at rest in the position shown. What is the value of the spring constant?
 - (A) 38 N/m
 - (B) 67 N/m
 - (C) 130 N/m
 - (D) 650 N/m



- 9. The graph shows how the length of a spring changes when a force is applied to it. What force is needed to stretch the spring by 10 cm?
 - (A) 0 N
 - (B) 0.5 N
 - (C) 1.0 N
 - (D) 2.0 N



- 10. Using the F-D graph, What is the spring constant (k)?
 - (A) 5 N/m
 - (B) 10 N/m
 - (C) 20 N/m
 - (D) 50 N/m



- 11. N/m is the unit for...
 - (A) Amplitude
 - (B) Elastic Potential Energy
 - (C) Spring Constant
 - (D) Torque

PART B: WRITTEN RESPONSE

- 1. If a spring has a spring constant of 2 N/m and it is stretched 5 cm, what is the force of the spring? (Answer = 0.1 N)
- 2. If a spring has a spring constant of 0.50 N/m and it is stretched 0.50 m, what is the force of the spring? (Answer = 0.25 N)
- 3. A spring is stretched 6 cm when a mass of 200 g is hung on it. Calculate the spring constant of this spring. (Answer = 32.67 N/m)
- 4. If you use the spring from problem #3 and hang a 500 g mass on it, how far will it stretch? Convert your answer to cm. (Answer = 15 cm)

- 5. A spring with a spring constant of 400 N/m has a mass hung on it so that it stretches 8.0 cm. Calculate how much mass the spring is supporting. (Answer = 3.3 kg)
- 6. What is the elastic force a spring will exert if it has k = 175 N/m and is stretched 30cm?
- 7. How far must a spring (spring constant = 35N/m) be pulled in order to exert a force of 63N?
- 8. How far will a spring with rest length 82cm and spring constant 0.50N/m be if it is stretched until it exerts 0.25N?
- 9. A spring has a rest length of 1.30m. When a 20kg mass is hung on it, it stretches to 3.60m. What is its spring constant?
- 10. A spring is compressed 10m when a force of 5N is applied. How far does it compress when 10N is applied? ((Answer = 20 m)

